



## CASTLE RUSHEN HIGH SCHOOL | COVID-19 NEWSLETTER

MONDAY 4 MAY 2020

### Hello CRHS Students...

We hope you are keeping well and have managed to enjoy the lovely weather this weekend, while keeping safe. It's important that we stay positive and enjoy the things we can do, but we must not become complacent. Sometimes once we've adapted to a situation, we can become a little careless, but please remember to respect the social distancing guidelines at all times.

This week is a shorter one, so make sure you get organised this Monday morning, checking what work you need to do to keep on top of things and making a note of any deadlines.

Several subjects have messages for you below. If there is no update in the newsletter for a particular subject or year group, that means the previous messages still stand, so make sure you keep all your newsletters for reference. Also in this issue, Mrs Almond has some thoughts for Skills Centre 1 students and Mrs Tyley has included her news for Skills Centre 3 students.

The reason for the four day week is that we have a Bank Holiday falling on Friday as it commemorates the 75th anniversary of VE Day. On the 8th May 1945, Germany surrendered after six years of the bloodiest conflict in human history. VE Day, or Victory in Europe Day is therefore considered to mark the end of the 2nd World War.

There are some suggestions in this newsletter for those of you who want to know more about that big day in history or to mark the occasion, despite the lockdown. As we live through our own bit of history it is worth looking for some inspiration at <https://www.iwm.org.uk/history/what-you-need-to-know-about-ve-day> full of 'tales of remarkable human resilience, humour and togetherness in extraordinary times'.

Speaking of celebrations, we know a lot of you will have had a birthday during the time the school has been closed, so from all of us, we hope you had a great day and we've given you a little mention on our birthday page since we couldn't say it in person.

Just for fun, we've included some brain teasers this week, so test yourself or maybe challenge members of your family. Give them a go. Answers are at the back, but no cheating!

As always, any problems or questions email [CRHSEnquiries@sch.im](mailto:CRHSEnquiries@sch.im)

Have a good week everyone, enjoy the long weekend and **stay safe**.



# E SAFETY

**Cautious** - Create opportunities to have safe and positive online interactions with friends, family and you. Connecting with others is more important than ever at the moment and this can be an excellent opportunity for you to model kindness and empathy in your "virtual interactions". Be kind and respectful to classmates when online and during video calls (you may not know what they are going through), be mindful of what clothes they wear and avoid joining video calls from a bedroom.

**Respectful** - Be careful when working online as you could be exposed to more advertising that may promote unhealthy foods, gender stereotypes or age-inappropriate material. You could use this opportunity to explore together with family what is wrong with some of the negative messaging you see and use your voices online to share your views and support others in need during this crisis.

**Health** – there are lots of digital tools to get you up and moving, like online exercise videos, fitness challenges for example on the CRHS Sport pages, video games that require physical movement.

**Safe** - Remember to balance online activities with offline activities, including time outside, if possible, but remember to do so whilst observing social distancing and stay safe.



## VE DAY - FRIDAY 8 MAY

It has been 75 years this week since VE day (Victory of Europe day) in WW2 and as such it is considered the official date of the end of the war. If you would like to find out more, or get creative with your family there will be materials posted on itslearning History, for every year group and also on any Google Classrooms.

Let's remember a time where people came together as a community and celebrated that after all their struggles they could go back to normal life and really appreciate every bit of it. VE day is a symbol that our current pain and sacrifice won't last forever.

All the VE Day resources are now available for schools here:  
[https://www.culturevannin.im/resource\\_629051.html](https://www.culturevannin.im/resource_629051.html)

As well as on the Manx Curriculum itslearning site: [VE Day 2020](#)

Don't forget the hashtag **#ISLEOFMANVEDAY75**

**Celebrate the 75th Anniversary of VE Day from your own garden!**

**FRIDAY MAY 8TH 2020**

**LAUNCHING MAY 4TH ON CULTUREVANNIN.IM & MANXNATIONALHERITAGE.IM**

**HAVE A FRONT GARDEN PARTY!**  
SING SOME WARTIME SONGS WITH JUAN & JO CALLISTER!  
EXPLORE YOUR MANX WW2 HISTORY  
LEARN HOW TO SWING DANCE WITH SWING IN THE ISLE!  
COOK SOME WARTIME TREATS WITH GRAINNE JOUGHIN!  
MAKE YOUR OWN BUNTING!

**WE NEED YOU!**

DEPARTMENT OF EDUCATION SPORT & CULTURE  
MANX NATIONAL HERITAGE  
CULTURE VANNIN

# SUBJECT UPDATES



## Maths

Please see below so you are aware which platform each Maths teacher is using to communicate with their students.

**Mr Brookes** – Each class has their own class on Google Classroom where information and material is provided (Year 9, 10 and 12 Maths)

**Mrs Elder** - Each class has their own class on Google Classroom where information and material is provided (Year 7, 8, 9 and 10)

**Mrs Kneen** – Information through Mrs Kneen's subject page on CRHS Mathematics through Its Learning (Year 7, 8, 9 and 10)

**Mrs Manson** - Information through Mrs Manson's subject page on CRHS Mathematics through Its Learning (Year 7, 8, 9 and 10)

**Mrs Kaslik** – Each class has their own class on Google Classroom where information and material is provided (Year 9, 10 and 12 Further Maths)

**Mrs Livingstone** - - Information through Mrs Livingstone's subject page on CRHS Mathematics through Its Learning (Year 7, 8, 9 and 10)

**Miss Libreri** – Each class has their own class on Its Learning where information and material is provided (Year 7 and 8)

**Maths Support Videos** - Your maths teachers will be linking you to support material depending on the topic set. [www.corbettmaths.co.uk](http://www.corbettmaths.co.uk) have free videos for every single Maths topic possible. Another excellent resource is to search 'hegartymaths' on YouTube where there are over 1500 hours of fantastic quality lessons and support material.



## ICT

**Year 10 ICT** - Message from Mrs Mason: No doubt you are all bored from gaming morning till night or creating endless Tik Tok's? All your ICT resources are on itslearning. Click on the ICT course, week by week activities are up and running, including information pages, videos, activities, puzzles and quizzes. Click on each week to see what you need to do and by when, or make any improvements from your feedback. Don't forget to watch BBC Click and stay up to date with technological news too!



## ASDAN

Miss Callow and her team would like to thank those of you who have been in touch and sent through pictures of you getting involved with some home learning activities! For those of you struggling to access the Challenge centre, please get in touch with her on Gmail so she can send a booklet home instead.



## QUEST

All the Year 7 Quest teachers are so impressed with the hard work that you've been putting into all the work on the Its Learning Quest Kids pages. Keep it up Year 7 – well done!



# SUBJECT UPDATES



## History

**Year 12 (Ms Poole)** China module- By Friday 8th May your notes should have been written using Chapter 2 'The opening of China to foreigners 1860-1901' - using pages 2 to 44. Please follow all instructions and power points and watch the videos in your Google Classroom.

**Year 12 (Mrs Williams)** – New classwork is in the Google Classroom: 'Henry VII Domestic Policy Week 3 tasks' need to be completed by Monday 4 May. Week 1 and 2 tasks should have been completed by now.

**Year 10** - By Friday 8th May - Chapter 4 - Who was to blame for Cold War? - tasks should have been completed from pages 92- 94 'How did the USA react to Soviet expansion?' and from pages 95-97 'The Berlin Blockade: causes and consequences.' Please follow all instructions and power points and watch the videos in your Google Classroom. Ensure all homework has been emailed to your relevant teacher.

For **Miss Quirk's** class remember to follow the lessons on google classroom and to check in on Mondays and Thursdays and email your work to her.

**Year 9** - Complete your 'Who shot JFK?' project:

1. Go to Its learning
2. Choose "CRHS History"
3. Scroll down for JFK power points

**Year 8** - Keep working through the activities on the 5 power points on the American West:

1. Go to Its learning
2. Choose "CRHS History"
3. Scroll down for Native American Indians power points



## Geography

The Geography team wants to remind Year 10 and Year 12 to check the geography Google Classrooms for your work and deadlines – thank you!

**Miss Goddard's Year 10 class** – Your Rivers End of Unit Assessment was due on Friday 1st May. Please complete the assessment if not already done so.



## PE

### Body

Remember to check our 'Facebook page' and 'itslearning' for the daily workout challenges and updates!

### Brain

The latest challenge pack is on 'officiating'. How well do you know your sport? 20 questions, give it a go! As always, you can find it on the Challenge Centre on itslearning.

If you haven't heard, our Senior Sports Teams are raising money for the Friends of Nobles. They are so close to **£2000**, and their initial target was just **£300**. You can read all about it and make a donation [here](#).

# MESSAGE FROM SC1



It is lovely to be able to say 'hello' to you this week! I hope you are all keeping well and staying safe at home as much as possible. I know that a lot of you are working hard and keeping in touch with teachers but I also know that some of you are finding it more difficult. With this in mind I want to reassure you that we are all here to help you. There is no such thing as a silly question, so do not hesitate to get in touch!

These are some of the difficulties you may be having:-

- Difficulty finding work online
- Not knowing which teacher to follow
- Learning off a small screen

We can help with these difficulties and can even provide you with paper copies of work if you would prefer. These will be either delivered by hand by Mrs Barlow (social distancing rules being observed!) or by post. Please contact CRHSenquiries@sch.im or Mrs Lamb alilamb@online.sch.im

Mrs Lamb has been busy putting resources for you onto the itslearning Skill Centre 1 page, so please have a look. You will find lots of English and Maths support. Again, if you have difficulty finding these please contact Mrs. Lamb.

I also wanted to say that keeping yourself busy and doing school work is not possible if you are feeling anxious and overwhelmed. We are lucky to have Cara, and I know many of you do speak to her or know who she is. I also wanted to let you have information about how to get more help if you needed it at any time.

Services available to young people:

<https://www.kooth.com/>

Free, safe and anonymous online support for young people

<https://www.mymind.org.uk/>

MyMind website has a fantastic range of information on positive mental health and where to find support.

<https://www.camhs-resources.co.uk/>

Mental Health and Wellbeing for young people (CAMHS) designed for students and parents experiencing stress, anxiety or other mental health challenges.

Thank you for reading this and please get in touch if you have any questions or difficulties. We will try and find a way to help! My contact email is helenalmond@online.sch.im



# MESSAGE FROM SC3

*Mrs Tyley and her team have been keeping in touch with everyone in SC3 via their own newsletter, but lots of you will want to see what they've been up to and you might like their scavenger hunt challenge too!*



Hello everybody in SC3,

This week we thought we'd join in with the whole school newsletter.

We know you are missing being with your friends but we hope you're well-settled in your home routine and still finding plenty of things to do and keep yourselves busy.

We wanted we'd send you something for outdoors and something for indoors this time. Try the Outdoor Scavenger Hunt, or if it's raining and you need to be indoors, how about having a go at this: get a piece of kitchen roll, some fine-tipped felt pens and draw patterns on the dots.



## OUTDOOR SCAVENGER HUNT

- |                                       |                                     |
|---------------------------------------|-------------------------------------|
| <input type="checkbox"/> 1 GREEN LEAF | <input type="checkbox"/> BIRD       |
| <input type="checkbox"/> 1 BROWN LEAF | <input type="checkbox"/> A WEED     |
| <input type="checkbox"/> 3 STICKS     | <input type="checkbox"/> BUTTERFLY  |
| <input type="checkbox"/> SPIDER WEB   | <input type="checkbox"/> TREE       |
| <input type="checkbox"/> BUG          | <input type="checkbox"/> CLOVER     |
| <input type="checkbox"/> WATER        | <input type="checkbox"/> FEATHER    |
| <input type="checkbox"/> SMOOTH ROCK  | <input type="checkbox"/> BEE        |
| <input type="checkbox"/> ANTS         | <input type="checkbox"/> PINECONE   |
| <input type="checkbox"/> FLOWER       | <input type="checkbox"/> GRASS      |
| <input type="checkbox"/> CLOUD        | <input type="checkbox"/> TREE STUMP |

Don't they look great! I'm always on the look-out for something new, so I'm grateful to Mrs Almond this week who's found a fun new Maths resource with lessons, warm ups, worksheets and games to play on-line from Carol Vorderman, who you might know from the TV. Have a look:

<https://www.themathsfactor.com/>

Hope you enjoyed Mrs Singleton's music lesson last week. Here's number 2:

[https://drive.google.com/open?id=1ICGfVenX9Nhmw4ZZY3w73TgcX0\\_x0jEo](https://drive.google.com/open?id=1ICGfVenX9Nhmw4ZZY3w73TgcX0_x0jEo)

And here's a word from Farmer Craig:

<https://www.facebook.com/thechildrenscentreisleofman/videos/2764000717214723>

Did you enjoy looking at all the photos in the last letter? Don't forget you can send me a photo of you during "Lockdown" and we can share them with everyone.

The advice from the government to all of us is still to stay at home if possible. But it is still the case that our units are open for vulnerable children, so please do

get in touch with Heather Tyley if you need to talk about a possible partial return to school, so we can work on a plan together.

That's all from me. Just to say, if you would like more work packs, please let us know and we can deliver something to you.

Stay safe everyone and best wishes,  
The SC3 team



# OTHER UPDATES

## The Guild

"The Guild Goes On!" - <http://www.manxmusicfestival.org/>

"Break a leg" to anyone who has entered "The Guild Goes On!" – this year's version of "The Guild". Some of you may have entered the competition as it is something you have done since you were little; some of you may have entered as you were wanting to try something new in these strange times. Either way, we wish you every success in the Music, Drama or Dance class you have entered, and we look forward to hearing your adjudicator's feedback via email or in person once we have returned to school.



## Southern Befrienders

You might know that our sixth form students have a long standing relationship with Southern Befrienders. They are really keen to bring the younger and older members of our community together during these difficult times and hopefully, beyond. Most of the older people we support do not have internet access, so they miss out on social media, email and other digital communications. This means that they become even more isolated. If you would be interested in letter writing to one of the older members of our community, follow this link to Southern Befrienders' 'Pen Pal' Scheme. -

<http://www.southernbefrienders.im/whats-on/>

## Film Club

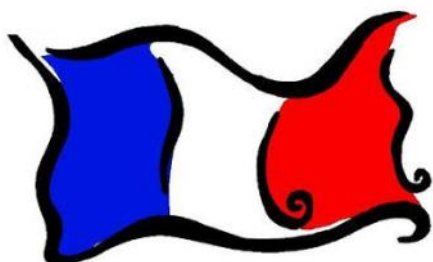
The Reviews Competition is still running, so if you have watched some good movies lately, check out the Film Club section on itslearning. You don't have to be a member of the Film Club to take part, so have a look as we are all armchair critics when it comes to movies! There is also a brand new competition for movie lovers young and old. Every day of the week Mrs Elvezia will be putting up well known quotations from well known films. There will be three phrases from three films and your challenge is to answer the following questions. Get mum, dad, your big brother or your little sister involved.



- 1) Name of the film
- 2) Name of the director
- 3) Year when the film was released
- 4) Name of the character in the film who said the phrases
- 5) Name of the actor playing the above character
- 6) Name of another actor/actress in the film

## Your Next Holiday?

If you're looking forward to a French or Spanish holiday when we are allowed to travel again, why not check out these links?



[www.fluentu.com/blog/french/](http://www.fluentu.com/blog/french/)



[www.fluentu.com/blog/spanish/](http://www.fluentu.com/blog/spanish/)

# APRIL BIRTHDAYS

Ruby, Y7

Dominic, Y9

Mrs Sutterby

Molly, Y7

Connor, Y9

Daniel, Y10

Ruben, Y7

Dylan, Y8

Tyler, Y7

Grace, Y9

Mr Caldwell

Mrs Hinks

Lula, Y7

Mia, Y7

Jai, Y9

Oliver, Y10

Logan, Y10

Niall, Y10

Harry, Y7

Kimberley, Y9

Ms Sanderson

Mr Gray

Travis, Y8

Miss Darbyskire

Reeghan, Y8

Jain, Y8

Joe, Y9

Mrs Irvine

Hayley, Y9

Chloe, Y10

Isabel, Y12

Bailey, Y8

Mrs McLoughlin

Freya, Y8

Ella, Y8

Alice, Y7

Adam, Y7

Ewan, Y8

Charlie, Y10

Edward, Y9

Leo, Y7

Ben, Y10

Caelan, Y7

Louis, Y9

Evie,

Jake, Y7

Lilee-Mae, Y7

Mr Davies

Peter, Y12

Sam, Y10

Kiera, Y8

Jade, Y7

Shenton, Y7

Mrs Lamb

Sean, Y12




Mr Kay



Adam, Y9










1






the plays of william shakespeare








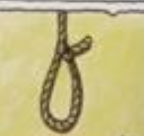





























English: Can you name the Shakespeare plays?

2
















Maths: Can you come up with the number?

3







Music and Drama: Name the three shows.



Business Studies: Can you guess the logos?



Geography: How many countries in the world begin with the word 'Saint'?



Geography: In which city can you find a bronze statue of The Little Mermaid?





## ACTION CALENDAR: MEANINGFUL MAY 2020



MONDAY

TUESDAY

WEDNESDAY

THURSDAY

FRIDAY

SATURDAY

SUNDAY

"Start Where You Are. Use What You Have."

Do What You Can" ~ Arthur Ashe



4 Focus on what you can do rather than what you can't do

5 Send friends a photo of a time you all enjoyed together

6 Take a step towards one of your life goals, however small

7 Let someone you love know how much they mean to you

8 Set yourself a kindness mission. Give your time to help others

9 Look out for positive news and reasons to be cheerful today

10 Tell someone about why your favourite music means a lot to you

11 What are your most important values? Use them today

12 Be grateful for the little things, even in difficult times

13 Today do something to care for the natural world

14 Show your gratitude to people who are helping to make things better

15 Find out about the values and traditions of another culture

16 Look around you and notice five things you find meaningful

17 Take a positive action to help in your local community

18 Hand-write a note to someone you love and send them a photo of it

19 Find a way to craft what you are doing to give it more meaning

20 Reflect on what makes you feel really valued and appreciated

21 Share photos of 3 things you find meaningful or memorable

22 Ask a loved one or colleague what matters most to them and why

23 Share an inspiring quote with others to give them a boost

24 Do something special today and revisit it in your memory tonight

25 Give your time to help a project or charity you care about

26 Recall three things you've done that you are really proud of

27 Today link your decisions and choices to your purpose in life

28 Tell someone about an event in your life that was really meaningful

29 Think about how your actions make a difference for others

30 Find three good reasons to be hopeful about the future

31 Look up at the sky. Remember we are all part of something bigger

### ACTION FOR HAPPINESS



[www.actionforhappiness.org](http://www.actionforhappiness.org)

31 actions to look after ourselves and each other as we face this global crisis together

Keep Calm · Stay Wise · Be Kind



# QUIZ TIME ANSWER SHEET

1

English: Can you name the Shakespeare plays?

1. Julius Caesar
2. Hamlet
3. Twelfth Night
4. A Midsummer Night's Dream
5. Comedy of Errors
6. Coriolanus

2

Maths: Can you come up with the number?

15

3

Music and Drama: Name the three shows.

1. South Pacific
2. Moulin Rouge
3. Westside Story

4

Business Studies: Can you guess the logos?

BMW	Xbox	Early Learning Centre	Yves Saint Lauren
Boots	BMI BABY	Word	World Wide Fund for Nature
Starbucks	ALDI	Ferrari	PUMA
W!!	Renault	Euro Sport	Shell
ASDA	EasyJet	Dell	Toys R Us
British Airways	Disney	M&S	Volkswagen
FEDEX	Daily Mirror	Mercedes	
Jaguar	Ebay	TESCO	
BP	Ford		

5

Geography: How many countries in the world begin with the word 'Saint'?

3 – These countries are Saint Kitts & Nevis, Saint Lucia, and Saint Vincent & the Grenadines.

6

Geography: In which city can you find a bronze statue of The Little Mermaid?

Copenhagen, Denmark.