



**True North**  
Group Travel Specialists

# **Welcome to True North Travel**

**Castle Rushen High School 2025 France ski trip**

## Health & Safety

- Travel Trust Association members
- British Standards 8848 compliant provider
- Risk assessments
- Instructor ratios
- Handpicked destinations suitable for groups
- The best suppliers all audited by us
- Highly experienced team

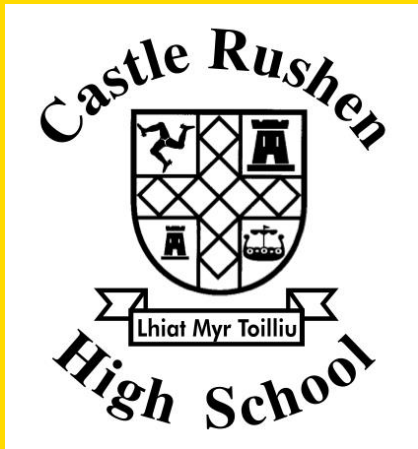


**PHAROS**  
R E S P O N S E

# Financial Security

- **Travel Trust Association member**
- **Being a member of the TTA means the money paid to us by the school is kept in your school's dedicated Trust Account which we are not authorised to access for any other purposes but your trip alone.**
- **All funds are released to our suppliers and us only on your return.**
- **We are also a ATOL licence holder giving you 100% financial protection**

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# The Staff



**Mr Baker**

Head of Yr.11  
PE Teacher



**Mr Caldwell**

Head of PE



**Miss Poole**

History Teacher



**Mrs Livingstone**

Maths Teacher



**Mr Seddon**

DT Teacher



**Miss Clague**

PE & Geography  
Teacher



**Miss Pate**

Trip Leader  
Head of Girls PE

# Included in package

- Return charter flight from the Isle of Man to Geneva
- 6 nights accommodation at Les Flocons Vert for the duration of your stay
- Full board meal plan, with hot lunches at your hotel
- Lift Pass for 5 ski days ski
- Equipment Hire - Skis, boots, poles and helmets
- Ski Tuition 5 days x 5 hours
- True North Travel Leader for the duration of your trip
- Tourist Tax is included for all passengers as standard



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# Trip Details – Departure & Return

## Departing:

- *Saturday 5<sup>th</sup> April*
- *Departing: Isle of Man 10:00*
- *Arriving: Geneva Airport 11:45*
- *Flight Number: TBC*

***Please meet at airport 8am – in Ski hoody (CRHS  
windbreak if no hoody)***

## Returning:

- *Friday 11<sup>th</sup> April*
- *Departing: Geneva Airport 13:00*
- *Arriving: Isle of Man 15:45*
- *Flight Number: TBC*

# Baggage Allowance

- Check in luggage - weight limit of 20kg / 1 bag per student
- **Small** hand luggage – backpack
- No sharp objects or liquids in containers over 100ml, all in clear plastic bag





## Les Flocons Vert – Les Carroz

- Les Flocons Verts is situated beside the slopes in Les Carroz. Just 100m from the beginners' area and the lifts. The hotel is built seamlessly into the slope side and is an award winning design.
- All rooms are en-suite and include continental breakfast, hot lunches in your hotel and 3-course evening meals. You do also have the option of packed lunches instead of coming back to the hotel.
- There is plenty of space and places to congregate making it a great option for school groups.
- The hotel has an on site restaurant, bar, meeting rooms, sauna and WIFI throughout.





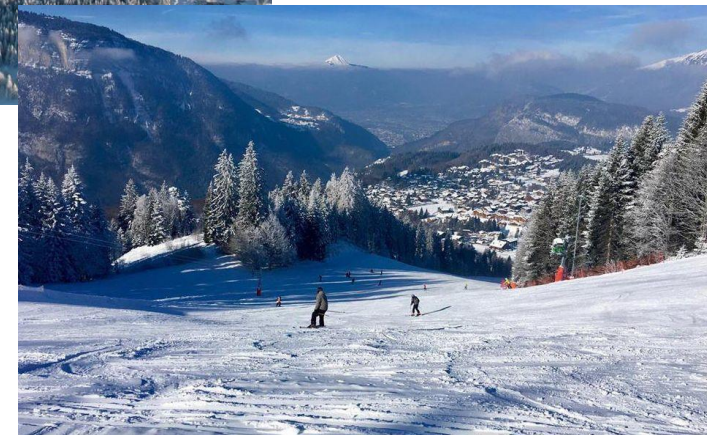
# Rooms

- We will know the room numbers closer to the departure date
- Rooms will be allocated with friendship groups as far as possible
- Please try and keep room tidy
- Things don't get stolen – but.....



# The skiing

- 5 days x 5 hours skiing (*students will not be permitted to ski unless they are accompanied by the instructors*)
- All skiing is in instructor led groups
- Groups split by ability
- Skis, boots, poles and helmet rental provided
- Grand Massif offers 265km of well-groomed skiable terrain. This means there's a wide selection of challenging runs for skiers of every level.



## A typical day

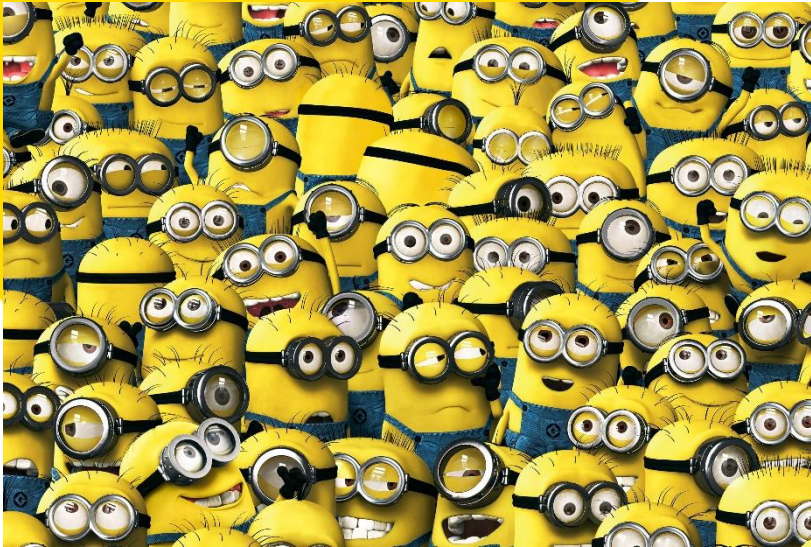
- **Breakfast at 07:00**
- **Meet your instructors ready for your lessons.**
- **Morning lessons: 9.00am – 11:30am**
- **Lunch break (hot lunches back at hotel)**
- **Afternoon lessons: 1:30pm – 4:00pm**
- **Optional evening après-ski activity (supplements payable)**
- **Dinner and relax**
- **This is just an example of what a day looks like. Ski school times haven't been given as yet and the day predominantly centres around the lessons**

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# Evening Activity

Evening activities will take place in the Hotel and include activities like:



- Mr Baker's 'infamous' Quiz Night
  - Karaoke Night
  - Fancy Dress Night – Minions Theme!
  - Movie Night
  - Bum Boarding
  - Bowling
  - Souvenir shopping in town/awards night
- 
- Upon arrival I will also scout out to see if there is an appropriate eatery for an Ice Cream / Pizza evening if possible

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# Fitness

- This is an action-packed holiday
- Every night students will go to bed shattered
- Each session will be very demanding, especially for beginners
- Mr Seddon will run fitness session for the students each Thursday 1:00-1:40 in the Gym



# Medication

- Students are responsible for their own medication (inhalers, sickness pills)
- However, if you wish us to carry their medication and look after it then it must be labelled and given to Miss Pate at school by Friday 28<sup>th</sup> March





# Insurance

- Our insurance is through AIG, under The Department of Education, Sport and Culture. This is a policy that is used for all school trips across the Island
- Valuables e.g. mobile phones, air pods, I pads etc are permitted but will be the responsibility of the student



# Emergency Contact Details

- I will have a master copy of all student's emergency contact details
- Staff group leaders will also have the contact information for each student in their group, along with medical information.
- We are also travelling with a school phone, which is a phone parents can contact us on at any time – **07490396472**
- **Please note, this number is only for emergencies**
- Emergency contact cards will also be provided for the students which will have this number on it

# Spending Money

- During our last trip, students brought approximately 100 euros for the week.
- We encourage students to **manage their own spending money** during trips to promote independence. For convenience, students are advised to bring cash in smaller denominations (e.g., 5 or 10 euros) or use a travel card, such as Revolut.
- If you prefer, your son/daughter's money can be securely managed by their designated staff group leader. To arrange this, please send your request through CRHS inquiries, addressed to my attention.



# Behaviour & Expectations

- **A FEW WORDS OF WARNING**

- Alcohol, smoking, vaping or antisocial behaviour will not be tolerated. There are no second chances on this trip.
- If any of the above takes place, your parents will be informed immediately, and arrangements will be made to send you home at your expense.
- Please note, that in addition to the above, *True North* also has the right to insist that those disobeying the rules are sent home immediately at their own cost.

# Behaviour & Expectations

- Representing Castle Rushen High School
- Use of mobile phones
- No pain, no gain. What you put in is what you get out, **there will be no rest days!**

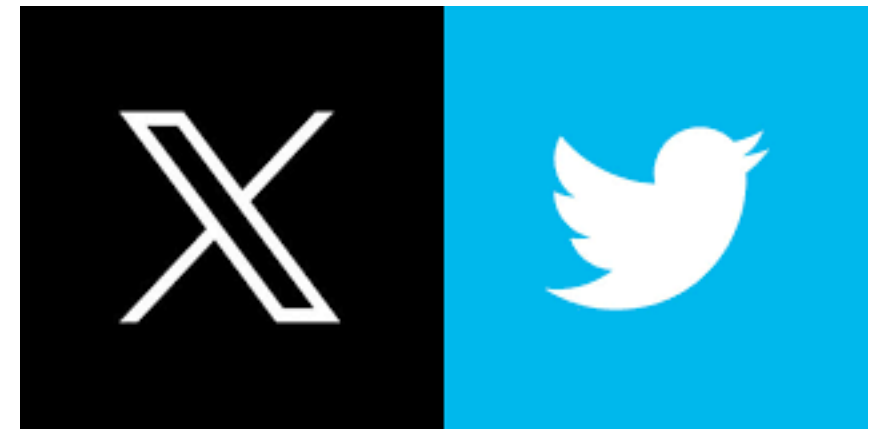
# What to pack?

- Ski jacket and trousers
- Ski gloves and hat
- Goggles (and sun glasses)
- A buff (especially if it starts to snow)
- Thermal top and bottoms
- LOTS of underwear
- Good quality ski socks
- Comfortable shoes / trainers for indoor wear
- Swimming trunks / costumes (just in case we can access a pool)
- High factor sun block and lip protection cream
- Casual clothes for evening (t-shirt, jeans, sweatpants...)
- Wash kit and towel
- Spending money in Euros - you will need to cover drinks, snacks, souvenirs etc
- Lastly.... Your 'Minions' fancy dress costume



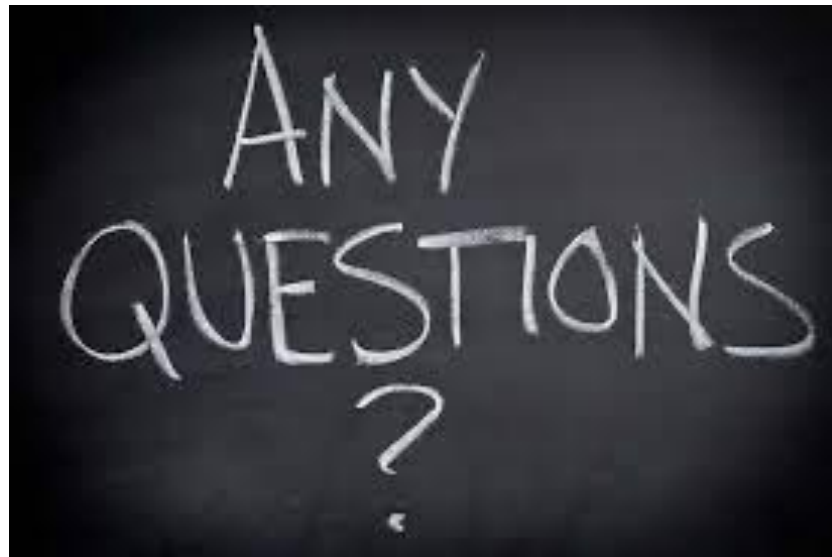
## Daily Post

- Staff will be posting a daily update of how the day's gone with pics etc on the CRHS Face book & X page
- Please ensure to follow along for updates of what we have been up to



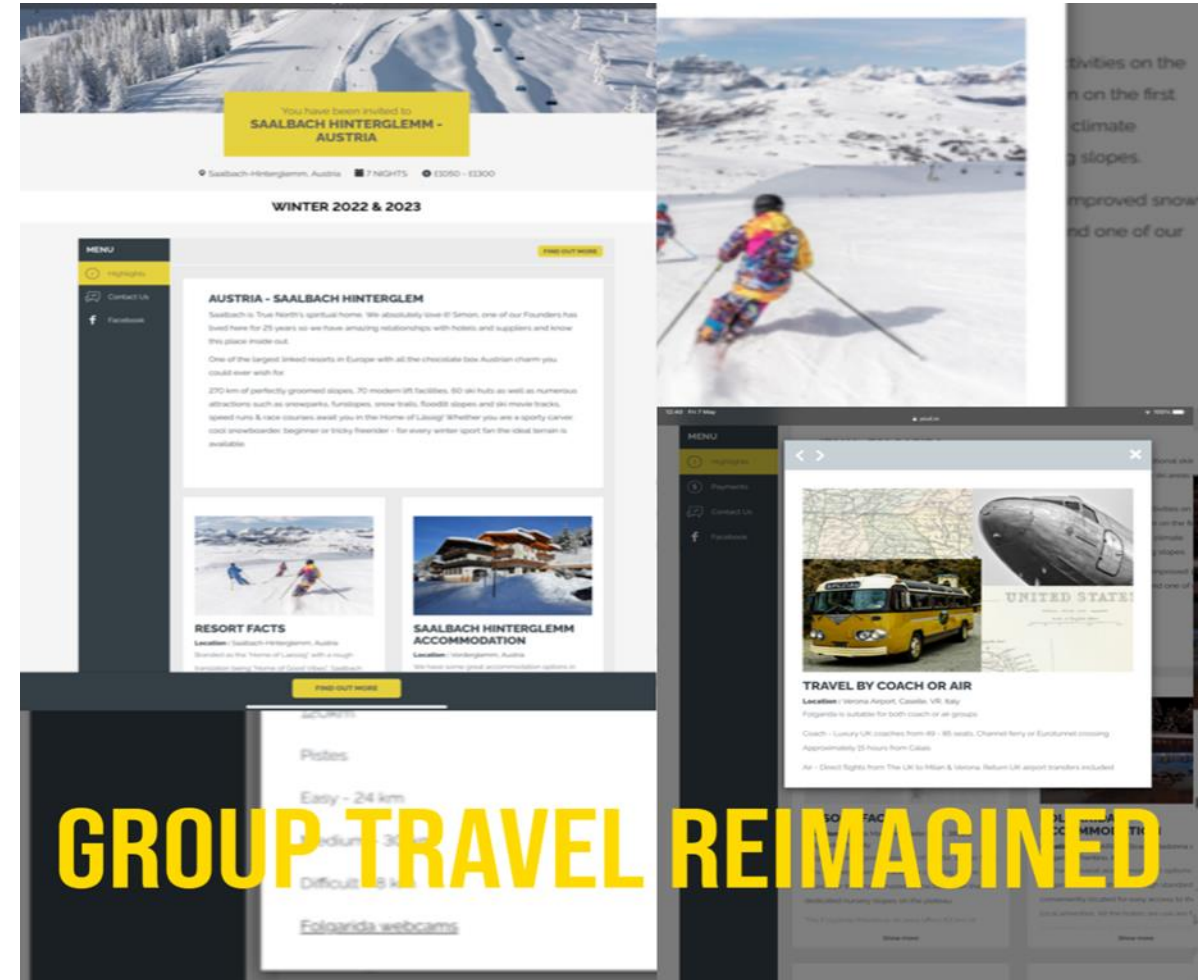
# Common Questions

1. Yes, the hotel has WIFI
2. Students can bring mobile phones
3. We don't know the food menu
4. Skiing outside of lesson time – our insurance policy does not cover this

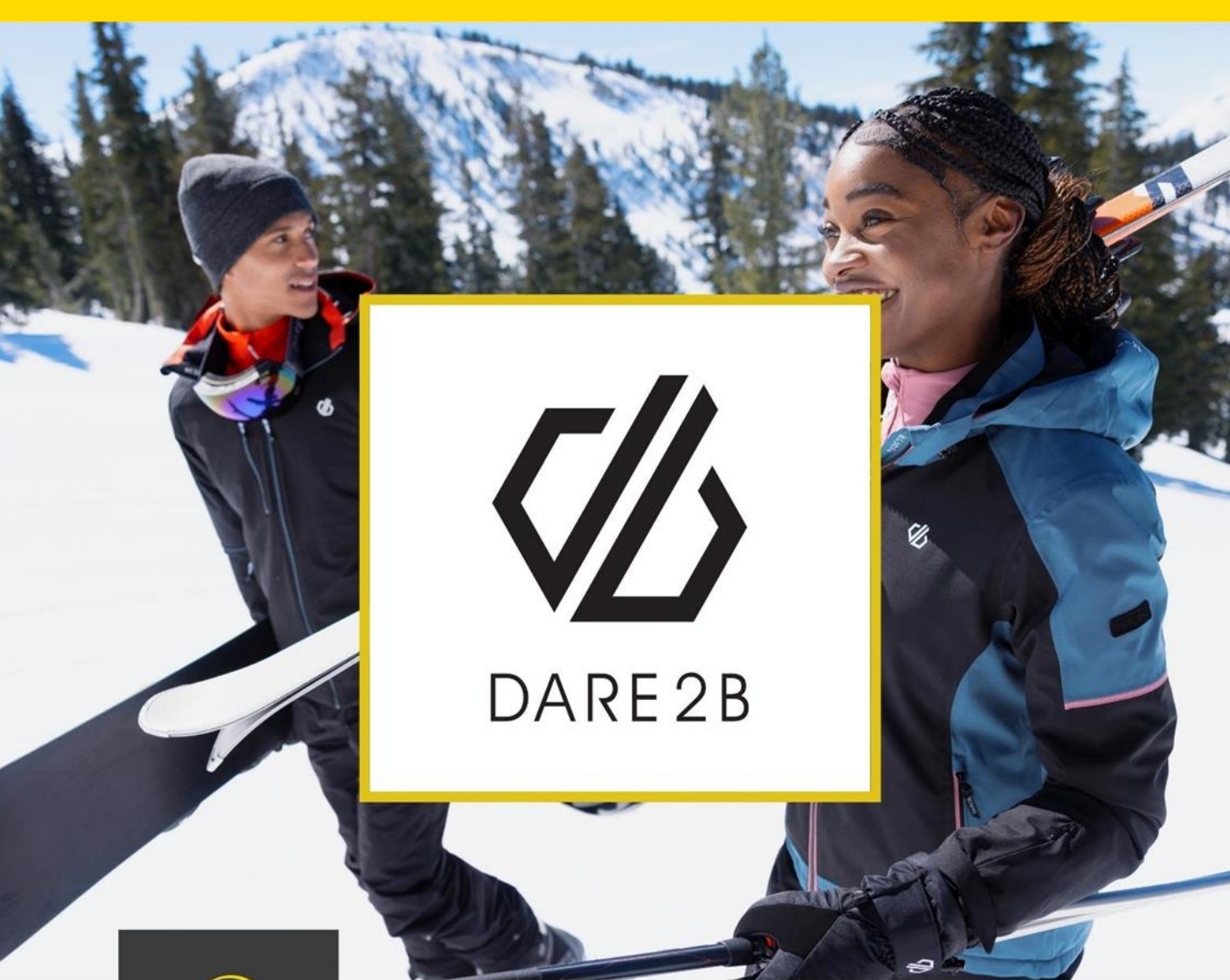


# Your trip page

- On your dedicated trip page, you'll be able to find resort information, what's included on your trip, piste maps, videos and links
- Secure platform to collect pre departure information
- You'll receive emails when information is required (this has started and thank you for providing the information you have been asked for so far)
- If you still have tasks left to complete for your child, it would be greatly appreciated if they could be done asap



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## Clothing & Equipment

- We're proud to announce that we have recently partnered with the premium outdoor clothing brand Dare2B.
- We have an exclusive True North Travel discount code available for all groups. You'll be able to get 15% off all first time purchases. You just need to go straight to the Dare2b website and enter this discount code at the checkout stage - TNXD2B15
- You'll be able to find everything you need there, including, ski trousers/salopettes, ski gloves, ski jackets, base layers, ski socks and woolly hats
- Other suggested items – footwear for snow conditions, suncream, sunglasses etc



**HAVE PARTNERED WITH Dare 2b**

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# Groups:

Mr Baker	Mr Seddon	Mr Caldwell	Mrs Livingstone	Miss Clague	Miss Poole
1. Evan Arnold	1. Lucas Blyth	1. Maddie Brookfield	1. Poppy Anderson	1. Rory Condon	1. Imogen Butler
2. Oliver Coleman	2. Matthew Cope	2. Lucas Cubbon – Notman	2. Eva Cain	2. Lenny Staniford	2. Edith Berry
3. Ellisa Cassidy	3. Jonas Cruz Readi	3. Oliver Durcan	3. Ed Critchley	3. Lily Butterworth	3. Oliver Sidebottom
4. Ed Hampton	4. Charlie Hale	4. Tristan Eve	4. Lily Corkish	4. Charley Chaud – Fitzpatrick	4. Jake Trustrum
5. Reuben Kelly	5. Lily Lamont	5. Oscar Griffiths	5. Quinn Forfar	5. Harry Wray	5. Megan Guy
6. James Kennaugh	6. Thomas Squires	6. Alfie Oddy	6. Sophie French	6. Noah Patterson	6. Claire Hoskinson- Ennett
7. Georgia Mackrell	7. Ted Thompson	7. Cassius Omar	7. Claudia Gaskell	7. Heni Cubbon	7. Joseph Proffitt
8. Kiara Amaral	8. Neve Kneen	8. Jess Cale	Luke McLaughlin	8. Benji Pickard	8. Charlie Shaw
9. Ealee Cubbon	9. Lilee Oates	9. Madison Carter	9. Emily McCarrick	9. Lola Hornby Wheeler	9. Anishke Steyn
10. Faith Watterson	10. Issy Purdon	10. Amelie Corlett	10. Nathan Moore	10. Ella Moy	10. Melody Marsh
		11. Ashton Fick	11. Lucas Williams Stewart	11. Madison Shirley	



True North

**You'll have an amazing trip!**

Follow us @truenorthski

