


<h1>Physical Education</h1>			
Exam Board:	Cambridge International	Syllabus Code:	
Course outline:			
<p>Students will be assessed on their practical abilities across a wide range of activities, these will include sports that pupils regularly participate in, alongside new activities such as weight training for fitness, lifesaving and hillwalking. Theoretically, pupils will study a number areas that include: Anatomy & Physiology, Health & Fitness, Skill Acquisition, Sports Psychology, and the Social, Cultural, Technological & Ethical factors that influence sport.</p>			
Course assessment:			
Theory - 50%			
<p>Students will be required to sit a 1 hour 45 minute paper at the end of the two-year course, covering all areas of the specification as outlined above.</p> <p>100 marks.</p>			
Practical – 50%			
<p>Candidates are assessed in four practical activities from a range of activity areas, worth 25 marks each. All practical performances will be filmed and submitted for external moderation.</p> <p>100 marks.</p>			
What qualities do I need to take this subject?			
<p>The Physical Education option is aimed at those students who may be interested in a career within the sports industry, in addition to those who have a general interest in sport, nutrition and physical activity.</p>			
What can this course lead to?			
<p>Teaching, Sports Therapy, Fitness Instruction, Sports Coaching, Physiotherapy, Outdoor Pursuits Instructing, Sports Development. Exercise Science, Fire Fighting, Armed Forces, Sports Event Management, Police, Youth Work, Sports Journalism, Management, and many more!</p>			